

LEARN TO SKATE PROGRAM



LOCATION - HASSE ARENA, 8525 215TH ST., LAKEVILLE www.lakevillearenas.org, 952-985-2170

Lakeville Arenas is excited to welcome Learn to Skate USA. The mission of Learn to Skate USA (LTS-USA) is to provide a fun and positive experience that will instill a lifelong love of skating. Stemming from the rebrand of the Basic Skills Program, LTS-USA offers an abundance of enhancements tailored toward improving the experience for parents and skaters. LTS-USA is the only ice skating program endorsed by U.S. Figure Skating, USA Hockey, US Speedskating and the Special Olympics. Learn to Skate USA offers every participant a rewarding experience rooted in the lifelong benefits of ice skating. Skaters will be evaluated throughout the session to determine if they are ready to advance. Our program has a 12:1 student/instructor ratio to ensure quality instruction, except for the Snowplow Sam and P.A.L.S. classes which have an 8:1 ratio. Questions regarding lessons can be e-mailed to the director at lakevillelearntoskate@gmail.com.

REQUIREMENTS: We strongly recommend that children in the Snowplow Sam and P.A.L.S. classes wear a helmet (bike helmets work well), gloves and snow pants. All participants are required to wear gloves or mittens. Participants must provide their own skates or rental skates are available for \$3 per person/per class. No double blades. Lakeville Arenas offers skate sharpening for \$4 per pair of skates. Rental skates are best for first time skaters, hockey skates are not recommended.

US FIGURE SKATING BASIC SKILLS - \$89 PER SESSION/\$125 P.A.L.S PER SESSION

If your skater has taken lessons previously, and you are unsure what class to register for, please email the director at lakevillelearntoskate@gmail.com.

ADULTS: (16 years and older) This class is designed for the beginner skater up to the advanced. We will teach you your choice of either figure skating or hockey skating skills. This class offers a more one-on-one lesson structure.

P.A.L.S.: Parent and Little Skater, (3-5 years old) This class will teach the child and parent how to skate and teach the parent how to teach their child to skate. It's a great class for the beginning skater. The parent/guardian must be at least 16 years old.

SNOWPLOW SAM: (3-5 years old) Designed to develop preliminary coordination and strength necessary to move on skates.

HOCKEY 1-2: (6 years and older) Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck. Will work on forward skating, backward skating and stopping.

HOCKEY 3-4: (6 years and older) Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck. Designed for those skaters that have passed Hockey 2. Will work on turns, crossovers and stopping.

THE BASIC EIGHT: These eight levels of the program introduce the fundamental figure skating moves, forward skating, backward skating, stops, crossovers and turns. Upon completion of the Basic 1-8 levels, skaters will have the basic knowledge of the sport to advance to the Free Skate levels.

BASIC 1: Designed for figure skaters 6 and older with little or no skating experience. Will work on forward/backward skating and stopping.

BASIC 2-3: Designed for those figure skaters that have passed Basic 1 or Snow Plow Sam. Will work on backward skating, turning and introduction to spins.

BASIC 4-5: Designed for those figure skaters that have passed Basic 3. Will work on edges, crossovers and stroking.

BASIC 6,7,8: Designed for those figure skaters that have passed Basic 5. Will work on spirals, footwork and introduction to jumping.

FREE SKATE 1-6: Designed for those figure skater that have passed Basic 8. Free skate will be divided into four sections – moves in the field, dance sequence, spins and jumps.

Saturday Skating Schedule

OCT. 15 - DEC. 10 (8 WEEKS, NO LESSONS ON 11/26)

REGISTRATION STARTS AUG. 9

LEVEL	LESSON/PRACTICE*	PROGRAM #
Basic 2-3	8 a.m./8:30 a.m.	#272007-01
Basic 4-5	8 a.m./8:30 a.m.	#272008-01
Basic 6,7,8	8 a.m./8:30 a.m.	#272009-01
Free Skate 1-6	8 a.m./8:30 a.m.	#272010-01
Snowplow Sam	8:30 a.m./8 a.m.	#272003-01
Basic 1	8:30 a.m./8 a.m.	#272006-01
Snowplow Sam	9 a.m./9:30 a.m.	#272003-02
Basic 1	9 a.m./9:30 a.m.	#272006-02
P.A.L.S.	9:30 a.m./9 a.m.	#272002-01
Snowplow Sam	9:30 a.m./9 a.m.	#272003-04
Hockey 1-2	9:30 a.m./9 a.m.	#272004-01
P.A.L.S.	10:30 a.m./11 a.m.	#272002-02
Hockey 1-2	10:30 a.m./11 a.m.	#272004-02
Hockey 3-4	10:30 a.m./11 a.m.	#272005-01
Snowplow Sam	11 a.m./10:30 a.m.	#272003-05
Basic 1	11 a.m./10:30 a.m.	#272006-03
Snowplow Sam	11:30 a.m./12 p.m.	#272003-06
Basic 1	11:30 a.m./12 p.m.	#272006-04
Adult	12 p.m./11:30 a.m.	#272001-01
Basic 2-3	12 p.m./11:30 a.m.	#272007-02
Basic 4-5	12 p.m./11:30 a.m.	#272008-02

*Note: Based on the skater's ability, class and practice times may switch within the same hour (i.e. practice first then lesson or lesson first then practice).

Winter Lessons

Visit www.lakevillearenas.org for a class list or call 952-985-4600 and we will mail you one when available. Lessons start Jan. 7 - Feb. 25 (8 weeks).



For information on rental of ice and dry floor and public open skating schedule, visit lakevillearenas.org



Like us on FACEBOOK

REGISTRATION PROCEDURES

Adult Team Sports: For information, contact Kacie Robinson at 952-985-4616.

Confirmations: The Parks & Recreation Department will send program receipts to confirm registration if registering other than online. If a class is full, your name will be placed on a waiting list and your fee returned.

Deadlines: Please register early to ensure a space. Most activities have registration deadlines, generally five business days prior to start of activity (unless otherwise noted). The Parks & Recreation Department reserves the right to cancel a program. Those enrolled in a program that is cancelled will receive a refund.

Payment: Registration, team sports and facility reservations can be made with cash, check, VISA, MasterCard or American Express.

Refund Policy: Registration fees for a program cancelled by the Parks & Recreation Department will be fully refunded. A \$2 service fee will be charged for individual cancellations made prior to the start of program and/or activity registration deadline. No refunds can be made after start of program and/or activity registration deadline, whichever comes first.

Scholarships: Financial scholarships are available for eligible youth recreation participants. For information, contact the Parks & Recreation Department at 952-985-4600.

Equal Opportunities: The City of Lakeville believes that all residents regardless of race, color, national origin, sex, religion, age, or disability have the right to participate in activities of their choice. For those with disabilities, please call 952-985-4615.

Waiver Statement: When registering for a program by phone, the following waiver statement is implied: "I hereby release, absolve and hold harmless the City of Lakeville, its officers, employees and agents from damage resulting from any injury incurred by me or my child while participating in any Parks & Recreation program. I/we understand that the City of Lakeville assumes no responsibility for injury before, during, or after programs."

Disclaimer: This program schedule is published for information purposes only. Lakeville reserves the right to make changes in the content and provision of the program schedule without notice.



Photos: Lakeville Parks & Recreation Department periodically takes pictures of participants in our programs, during special events, and in the parks. These photos may be used in the City's media publications.

WAYS TO REGISTER

ONLINE
webtrac.lakevillemn.gov

PHONE
952-985-4600

BY MAIL
City of Lakeville
20195 Holyoke Ave.
Lakeville, MN 55044

WALK-IN
City Hall
20195 Holyoke Ave.
Mon.-Fri., 8 a.m. to 4:30 p.m.

DROP BOX
After-hours drop box at City Hall, 20195 Holyoke Ave.

Extra registration forms available at www.lakevillemn.gov

PARKS & RECREATION FALL/WINTER BROCHURE

Available starting Aug. 20

Get a copy by going to www.lakevillemn.gov or call us at 952-985-4600 and we will mail you a brochure.



Creating Community through People, Parks & Programs

webtrac.lakevillemn.gov

PROGRAM REGISTRATION FORM

PARENT/PRIMARY CONTACT

Last Name _____ First Name _____

Male Female If new phone or address

Street Address _____ City _____ State _____ Zip _____

Phone (h) _____ Phone (w) _____ Phone (c) _____

E-mail _____ Yes, please send me e-mail updates

PARTICIPANT INFORMATION

PARTICIPANT'S NAME	GENDER (M/F)	BIRTHDATE	PROGRAM NAME	PROGRAM #	FEE

Waiver Statement: I hereby release, absolve and hold harmless the City of Lakeville, its officers, employees and agents from damage resulting from any injury incurred by me or my child while participating in the above-mentioned programs. I/we understand that the City of Lakeville assumes no responsibility for injury before, during or after programs.

Participant's Signature _____ Parent/Guardian Signature _____ Date _____
(If participant is under 18 years of age)

PAYMENT METHOD

Cash Check—Payable to: City of Lakeville VISA MasterCard American Express Discover

Card Number _____ Expiration Date _____

Cardholder Name (please print) _____ Authorized Signature _____