



Parks & Recreation and Arts Center

FALL/WINTER 2016 EVENTS AND CLASSES

*Creating Community through
People, Parks and Programs*



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PARKS & RECREATION

PHONE NUMBERS

Arts Center	952-985-4640
Program Registration	952-985-4600
Park Reservations	952-985-4600
Field Scheduling	952-985-4610
Recreation Hotline	952-985-4690
Parks Administration	952-985-4608
Park Maintenance	952-985-2712
Heritage Center	952-985-4620
TDD-Hearing Impaired	952-985-4475

CITY COUNCIL

MAYOR	Matt Little
CITY COUNCIL	Doug Anderson
	Bart Davis
	Colleen LaBeau
	Kerrin Swecker
CITY ADMINISTRATOR	Justin Miller

PARKS, RECREATION & NATURAL RESOURCES

COMMITTEE

CHAIR	Bob Swan
VICE CHAIR	Jeanne Peterson
SECRETARY	Lori Bovitz
MEMBERS	Tom Goodwin
	Judy Hayes
	Scott Kelly
	Holly Weberg

PARKS & REC. HOTLINE

952-985-4690 Press Option...
 #1-FIELDS, RINKS AND FACILITY
 #2-TODAY'S PROGRAM STATUS
 Weather cancellations and other daily information



Be the first to KNOW — Follow us on twitter @LakevilleParks for weather related cancellations.

DISCOUNT TICKETS

NICKELODEON UNIVERSE WRISTBANDS

Save on all day unlimited ride wristbands. Great for families, friends, birthday parties and special outings! Prepare yourself for the wild ride ahead! Valid anytime—purchase and pick up at our office.



MALL OF AMERICA, BLOOMINGTON

All day wristband, \$26

DISNEY ON ICE—

Presented by Stonyfield YoKids Organic Yogurt has been entertaining families since 1981 all across the world in more than 75 countries, on six continents, and in 25 languages combining the incredible talents of world-class ice skaters, heartwarming



Disney stories, lavish costumes, dazzling lighting and enchanting music to create extraordinary shows. Audiences can sing and dance along with their favorite Disney characters including Mickey Mouse, Minnie Mouse, the Disney Princesses, the Toy Story gang, and the Lion King stars all in an ice skating spectacular.

Xcel Energy Center, St. Paul
 Fri., Dec. 2, 10 a.m.

Tickets must be ordered by Nov. 17
 \$20, (ages 2+) #373501-01

NOW HIRING

WINTER JOBS AVAILABLE

Lakeville Parks & Recreation is accepting applications for Warming House Attendants and Supervisors. Applications will be accepted until Oct 3. Applications received after October 3 will be reviewed only if needed. All applicants must be 15 or older.

Complete an application online at www.lakevillemn.gov or call 952-985-4600

SPECIALIZED INSTRUCTOR

The Parks and Recreation Department is looking for instructors in the following areas:

- Outdoor Education
- Nature
- Soccer Coach
- Cooking Class for Kids

Call Kacie at 952-985-4616 for more information

MUSIC TOGETHER CLASSES

LOCATION - STEVE MICHAUD PARK COMMUNITY BUILDING, 17100 IPA VA AVE.

Music Together is an award-winning, internationally acclaimed early childhood music and movement program for infants, toddlers, preschoolers and their accompanying adults. Sing, play rhythm instruments and move along with your child. Share the delight of making music in these joy-filled, research-based classes that support children's cognitive, social, physical, verbal and musical development! Classes are mixed-age so siblings can participate together.

Ages: newborn-6 years **Cost:** First Child \$179, Additional Child \$99

Infant under 8 months on the 1st day of the session are free with a registered sibling. For Fall classes infant must be born after 1/17/16. All infants, whether siblings or not, are welcome.

Cost: First Child \$179, Additional Child \$99

Day	Time	Date	#
Mon.	9:30-10:15 a.m.	Sep. 19-Nov. 21	232001-01
Mon.	10:30-11:15 a.m.	Sep. 19-Nov. 21	232001-02
Tues.	9:30-10:15 a.m.	Sep. 20-Nov. 22 (no class Nov 25)	232001-03
Tues.	10:30-11:15 a.m.	Sep. 20-Nov. 22 (no class Nov 25)	232001-04
Fri.	9:30-10:15 a.m.	Sep. 23-Dec. 2	232001-05
Fri.	10:30-11:15 a.m.	Sep. 23-Dec. 2	232001-06
Sun.	4-4:45 p.m.	Sep. 18-Nov. 20	232001-07
Sun.	5-5:45 p.m.	Sep. 18-Nov. 20	232001-08



MISSION

STATEMENT

The Lakeville Parks & Recreation Department will strive to administer safe, proficient means of managing park areas and provide diverse recreation opportunities in order to enhance the quality of life for Lakeville residents.

FREE MUSIC DEMONSTRATION CLASSES

These are for parents or caregivers who are seriously considering registering but would like to try a class with their child or children first. Registration is required. Families will only be allowed to try one demo class.

Day	Time	Date	#
Fri.	10:30 a.m.	Sept 9	232002-01
Sun.	4 p.m.	Sept 11	232002-02
Mon.	9:30 a.m.	Sept 12	232002-03
Tues.	10:30 a.m.	Sept 13	232002-04

KARATE-CHILDREN AND ADULT

NEW
Fall 2016

LOCATION - ATA KARATE, 20818 HOLYOKE AVENUE

TINY TIGERS KARATE CLASS

Your preschooler will have fun and can benefit from martial arts by gaining confidence, building strength and improving self-control. Young children will practice following instruction and showing respect for themselves and others all in a fun and structured atmosphere. Class meets 8 times. Registration fee includes uniform.

Ages 3-5 years, Cost \$58

Day	Time	Date	#
M/W	10-10:30 a.m.	Sep. 19-Oct. 12	272070-01
Tu/Th	4-4:30 p.m.	Sep. 20-Oct. 13	272070-02



KARATE CLASS-ALL AGES

Whether you are looking for a family activity or looking to become more active, stronger or more confident, karate can help you reach your goals. Karate promotes self discipline, body awareness and improves self-confidence in all ages and abilities. Class meets 8 times. Registration fee includes uniform.

Ages 5 to adults, Cost \$58

Day	Time	Date	#
Mon.	5:15-6 p.m.	Sept. 19-Nov. 14 (skip Oct 31)	272071-01
Thur.	6:30-7:15 p.m.	Sept. 22-Nov. 10	272071-02

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25TH ANNUAL

HAUNTED FOREST - SAT., OCT. 22

LOCATION - STEVE MICHAUD PARK,
17100 IPAVA AVE.

Sat., Oct. 22, 5:30-8 p.m.
All ages, families encouraged

\$10 per carload or
\$3 per person

Plus a non-perishable food item
for the community food shelf

COME DRESSED FOR THE WEATHER!

VOLUNTEERS

WANTED & NEEDED

Over 100 volunteers help to make
the Haunted Forest Festival a
tremendous success each year,
so we are hoping you will help!

Volunteers are needed for:

- Spooky stations
- Friendly costumed characters
for the Trick-or-Treat maze
 - Trail guides
 - Face painting
- Food collectors and more

Interested volunteers should call
952-985-4600 to receive a volunteer
packet with full details. Completed
packets need to be returned to
Parks & Recreation by October 7.

*Special thanks to all the volunteers
who help make this event a success!*

Door prizes will be given
to the spooky stations and large
groups that volunteer at the
Haunted Forest event.



TRICK-OR-TREATERS MAZE FOR THE LITTLE ONES

5:30-8 p.m.

The Land of Amazement 2.0 playground will be turned into a trick-or-treaters maze filled with volunteers to pass out goodies to any little one in costume. Hurry on in as the early trick-or-treaters can bring home a free pumpkin, while supplies last. The Trick-or-Treaters Maze is recommended for ages 8 and under.



HAUNTED FOREST TRAIL

6-8 p.m.

Enter at your own risk! The forest is alive! Beware of the spooktacular haunted forest. Be advised you will encounter ghosts and goblins. **LOOK OUT!** You never know what or who will be around the next corner. Parental discretion is advised; recommended for 3rd grade and older.

HAUNTED BONFIRE—

PUPPET SHOWS

Show Times - 5:45, 6:45 and 7:45 p.m.

Warm yourself around the bonfire and enjoy a spooktacular puppet show performed by the award-winning Schiffelly Puppets.



HALLOWEEN HAYRIDES

5:30-8:30 P.M.

Enjoy a family-friendly hayride through the park. Hayrides recommended for all.



CREEPY CONCESSIONS

MOST GHOULLY ITEMS PRICED AT \$1.00

5:30-8:30 P.M.

Haunted hotdogs, chips, popcorn, hot chocolate, candy, water and pop.

FREE PUMPKINS

We will have a limited number of free pumpkins to give away to the little goblins and ghosts at the end of the Trick-or-Treaters Maze. One pumpkin per family please.

HOLIDAY PROGRAMS

HOLIDAYS AT THE HERITAGE CENTER

SAT., DEC. 3, 9 A.M.-1 P.M.

LOCATION - LAKEVILLE HERITAGE CENTER, 20110 HOLYOKE AVE.

SANTA'S SECRET STORE

Kids enjoy hassle-free holiday shopping! Santa's Secret Store is specially designed for children to purchase gifts for family and friends. Great gifts will be available, priced from \$1 to \$15. Children and parents work together to make a shopping list including who to buy for and how much to spend on each person. Then it's shopping time! While parents wait in the coffee shop, volunteers assist the children with their gifts. Gifts are wrapped and brought home to remain a secret until the holidays. All ages welcome, no registration required.

HOLIDAY BAKE SHOPPE

Purchase homemade holiday treats, sweet breads, cookies, candies and more, made by Lakeville Area Active Adults. Support your Lakeville Seniors!

COOKIES FOR SANTA

Decorate a cookie for Santa, enjoy fun holiday activities, and fill your plate with cookies for Santa! Pastries for kids and adults to enjoy. Program takes place during the Santa's Secret Store (above). An open house format, each session is up to 45 minutes. You determine how long your child wants to participate. All children must be accompanied by an adult. Deadline for registering is Dec. 1.



\$5 per child, adults free

9 a.m.	#312102-01	10 a.m.	#312102-02
11 a.m.	#312102-03	12 p.m.	#312102-04

LETTER FROM SANTA

With your help, a personal letter from Santa Claus can be arranged for your child. Letters will be mailed the week of Dec. 12. Register online or print a form at www.lakevillemn.gov. One form per child. Forms **MUST** be received in our office no later than Dec. 1.

\$5 #372101-01

PHONE CALL FROM SANTA, MRS. CLAUS AND THE ELVES

Volunteers from the Lakeville Lions and Lakeville Yellow Ribbon will be making calls the evenings of Dec. 13 and 15 between 5-8 p.m. If your child does not receive a call, please call 952-985-4600 the following morning. Register online or print a form at www.lakevillemn.gov. One form per child. Forms **MUST** be received in our office no later than Dec. 1.

Ages 3-7, **FREE**

Tues., Dec. 13	#372103-01
Thurs., Dec. 15	#372103-02
Either night works for us	#372103-03



VOLUNTEERS WANTED

Volunteers are needed for Fri., Dec. 2 and Sat., Dec. 3

- ~ Friday afternoon set-up
- ~ Shopper helpers
- ~ Gift wrappers
- ~ Cookies for Santa

Interested volunteers should call 952-985-4600 to receive a volunteer packet with full details. Completed packets need to be returned to Parks & Recreation by Nov. 16.

Special thanks to all the volunteers who help make this event a success!



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WHO DONE IT HIKE - 26TH ANNUAL

LOCATION - RITTER FARM PARK, 19300 RITTER TRAIL



Grab the family and don't forget Fido.

Dogs must be on leash.

Play Sherlock Holmes by collecting clues, gathering information and solving mysteries, while walking the trails at Ritter Farm Park. When the end is near and you think you have it solved, you'll have a chance to guess "who done it." For those who guessed correctly, there will be another mystery—who will be a winner in the prize drawing?

All ages welcome
Sat., Sept. 10, FREE

Registration day of only
9:30-9:50 a.m.
Hike starts at 10 a.m.

SOUTH METRO MIRACLE LEAGUE FALL BASEBALL

For information on registering for the upcoming Fall Miracle League that plays on the Harmon Killebrew Miracle Field at King Park, please visit lakevillebaseball.org and look for the Miracle link!

ADAPTIVE SWIM LESSONS

Adaptive Swim Lessons are offered through Community Education.

Ages 6 months-Adults

One-on-one instruction for students with special needs.

Visit isd194.feepay.com for available dates and times. Lessons held at McGuire Middle School.

BIRD BANDING

LOCATION - RITTER FARM PARK, 19300 RITTER TRAIL

Join researchers from the North Central Bird Observatory for an up-close and personal look at local and migrant wild birds. In this ongoing research project, the public will observe the capture of birds using mist nets and the collection of data including placing identifying bands on the birds. Birds are then released back into the wild. It's a great way for families to learn about the science of bird banding. Event will take place rain or shine. All ages, families encouraged, youth must be accompanied by an adult.

9 a.m.-noon

\$2/per person 10 & older, free for children under 10

Day	Date	#
Sun.	Aug. 28	143206-03
Sun.	Sept. 11	143206-04

PEDAL THE PARKS

LOCATION - PIONEER PLAZA,
20801 HOLYOKE AVE.

Grab your bike and join a volunteer guide in discovering the great trails in Lakeville. The tour will focus on the "Southern Charm" highlighting Lake Marion and the beautiful Juno Trail, then return to downtown through several greenway trails for the Lakeville Art Festival. The ride will last approximately 2 hours, depending on registered bikers and the route. Helmet required and don't forget your water bottle. For more information call 952-250-3320.



All ages, families encouraged
\$5 per person or \$10 per family
Sat., Sept. 17, 9 a.m. #182501-03



TINY TOTS TURF SOCCER

LOCATION - STEVE MICHAUD PARK,
17100 IPAVA AVE.

Soccer on the grass turf at Steve Michaud Park on Sunday evenings — the kids will love it! This is an introductory program for children to learn soccer basics and have a great time. Each week we will work on skills and play fun, soccer-themed games. Soccer ball size 3 or 4 recommended, shin guards recommended for safety. Tennis shoes required.

Ages 4-7

Sun. Sept. 11, 18, 25, Oct 2
5:30-6:15 p.m.
\$25 #282004-01

****NEW SESSION ADDED****

Sun. Sept. 11, 18, 25, Oct 2
4:30-5:15 p.m.
\$25 #282004-02

Fall is here!

Please make sure that if you rake your leaves, you compost them. You can compost:

- **At home.** Learn how to compost at www.reduce.org and click on 'in the yard'.
- **At your curb.** Contact your waste hauler for details.
- **At a compost drop-off site.** For details, go to the county website, www.co.dakota.mn.us, and search under 'Environment & Roads' for information on where to compost.

Please do your part, and encourage your neighbors to help keep

CHILDREN'S DANCE CLASSES

LOCATION - DANCEWORKS STUDIO, 17470 GLACIER WAY



TINY TWIRLERS

Get out your tutus and great ready to twirl. Twirler Tots is a creative movement class specifically designed for the younger student. Children will work on balance and coordination while discovering the fun and rhythm of dance. Ballet slippers suggested but not required. Ages 3-4

Day	Time	Date	Price	#
Mon.	10-10:45 a.m.	Sept. 19-Oct. 10	\$40	272060-01

INTRO TO DANCE

Class will include an introduction to 3 different forms of dance; Jazz, Tap and Ballet. Students will learn basic skills while practicing body awareness and poise. Students will gain confidence and work on rhythm and coordination all in this introduction to dance. Ballet and tap shoes suggested but not required. Ages 5-7

Day	Time	Date	Price	#
Sat.	10-11 a.m.	Sept. 24-Oct. 15	\$40	272061-01
Sat.	10-11 a.m.	Oct. 29-Nov. 19	\$40	272061-02

DANCE YOUR HEART OUT

Participants will focus on jazz and tap dance with an emphasis on performing a tap dance in DanceWorks annual holiday show, *Sharing the Season* on Dec. 3. Recital is optional, costume rental fee is an additional \$35 if dancing in recital. Dancers must provide their own black, tap shoes. Ballet slippers or jazz shoes are optional. Ages 8-10.

Day	Time	Date	Price	#
Sat.	11 a.m.-noon	Oct. 1-Dec. 3 (no class Oct. 22 & Nov. 26)	\$60	272062-01



DID YOU KNOW

Dancers are known to be disciplined, focused and high achievers who tend to be successful students and hard workers.

Research also proves that dancing also reduces stress and tension for the mind and body.

Dancers also have increased muscular strength, endurance and motor fitness.

SO ... WHY NOT DANCE!



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ADULT DANCE CLASSES

LOCATION - LAKEVILLE HERITAGE CENTER, 20110 HOLYOKE AVE.

Classes are for ages 17 and older and held on six Monday evenings.



Beginner to Intermediate Classes. Each dance session teaches different dance steps. You do not need to attend one before another. Instructor Larry Ablin.

FOXTROT, WALTZ, EAST COAST SWING, COUNTRY, & NIGHTCLUB

Foxtrot, Waltz and East Coast Swing are the three main dances that work for any music event such as rock and roll, country, ballroom, weddings and parties. If the floor is crowded you can dance Nightclub two-step, Rumba or Salsa. For Country music the main dance is Country two-step. All the classes will start with beginner steps then some harder steps. Based on who is in class, it will be taught so everyone can understand.

Depending on music you like: Rock and Roll choose Foxtrot, East Coast Swing or Nightclub two-step. Country choose Country two-step or Nightclub two-step. Weddings and Ballroom choose Foxtrot, Swing, Waltz or Nightclub two-step.

Mondays, 7-8:30 p.m., \$72 couple (fee is per couple/per session)

Dates	Class	Program #
Sept. 19-Oct. 24	Waltz	212501-01
Nov. 14-Dec 19	Foxtrot	212502-01
Jan. 9-Feb. 27(skip 1/16, 2/20)	East Coast Swing	312501-01
March 6-April 10	Country Two-Step	312502-01
April 17-May 22	Nightclub Two-Step	412501-01

LYNCH CAMPS

Lynch Camps provide professional, high quality athletic camps to communities. Instructors are professionals and top athletes. In a fun, energetic and safe environment, children and young adults learn valuable lessons in sports and life, such as self-esteem, sportsmanship, teamwork and the love of competition and/or an active lifestyle. Participants should wear appropriate clothing and tennis shoes. Bring a water bottle. All camps are for boys and girls.

For more details, or specifics on the lessons below, please visit www.lynchcamps.com

FLAG FOOTBALL CAMP

LOCATION - DAKOTA HEIGHTS PARK, 9550 175TH ST. W.

It's time for football! In a fun, energetic environment your child will learn the fundamentals of football including: catching, passing, kicking and running. They will also learn offensive and defensive strategies by playing a game each session. The coach to participant ratio is approximately 1-10. Participants should wear appropriate clothing and tennis shoes and bring a water bottle.

Ages 7-12 Cost \$89

<u>Day</u>	<u>Time</u>	<u>Date</u>	<u>#</u>
Sun.	3-5 p.m.	Sept. 18-Oct. 9	262013-01



FALL TENNIS

LOCATION - CENTURY MIDDLE SCHOOL, 18610 IPA VA AVE., LAKEVILLE

Start your kids off right with lessons from USPTA certified tennis professionals and top athletes. In a fun, energetic atmosphere your child will learn or improve upon stroke production, strategies of the game and enjoy the fun of competition. Instructor to student ratio is 1:6.

Sat., Sept. 17, 24 & Oct. 1 & 8
\$60

Young Hitters, ages 5-7, 9:30-10:30 a.m.
#264001-01

Jr. Hitters, ages 8-12, 10:30-11:30 a.m.
#264002-01



NEW
Fall 2016

SQUASH AT LIFE TIME FITNESS

LOCATION - LIFE TIME FITNESS, 18525 DODD BLVD., LAKEVILLE

Are your kids interested in trying an active and entertaining sport? Have them try squash! Squash is a full body work out - learn confidence and coordination - all while having fun on the court. Kids will learn everything from the rules of squash, to how to properly hold the racquet, squash technique, and they will participate in drills and games. Open to non-members and members of Life Time Fitness.

Equipment needed: Protective eyewear, squash racquet, non-marking shoes.

Ages 9-13 Cost \$75

Tues., Sept. 6 - Oct. 25, 5-6pm
#272080-01



LAKEVILLE BOOTCAMP - POWER IT UP IN THE PARK

LOCATION - PARKVIEW PARK, 6833 GELDINE PATH

These workouts are adaptable to all fitness levels, and performed in a supportive and encouraging environment! Body-weight movement, dumbbells, resistance bands, kettlebells, and more! Never the same workout twice.

AMY has a passion for helping people to unlock the body's natural desire for health and exceed performance goals!

From circuit-style to bootcamp-style, scientifically proven interval training is utilized for every session. Intense core involvement in each workout supports building a strong foundation of functional movement patterns. This translates to increased joy in our favorite activities and improved sports performance.

We build strength, endurance, cardiovascular fitness, flexibility. Learn workouts that can be replicated in your own home! Burn fat, build muscle, get stronger and leaner! \$8-\$12 per class in a small group setting with a personal trainer, you will not find a better value for your money and time anywhere!

Still looking for motivation, your first class is **FREE**

Starting Sept. 12, classes are offered on Mon., Wed. & Fri., each week at 5:30 a.m. and 5:30 p.m.

Fee: \$12, Single Session Walk-in
\$50, 5 classes (Classes expire 90 days after purchase)
\$80, 10 classes (Classes expire 90 days after purchase)

Call us at 952-985-4600 and we will register you.



Amy Presler

A NASM Certified Personal Trainer, and your Bootcamp Coach.

Amy has over 20 years experience in health, wellness, medical, rehabilitation, fitness, and nutrition.

MOTHER-SON PARTY—“UNDER CONSTRUCTION”

UNDER CONSTRUCTION THEME

JOB SITE LOCATION - ROSEMOUNT STEEPLE CENTER, 14375 SOUTH ROBERT TRAIL

Dump everything and join the crew for some groundbreaking fun! The Mom and Son Morning of Fun is now “Under Construction”! The excitement is building so put on your hardhat and come dig with us! Little contractors and their mothers (or aunts, older sisters, grandmothers, caregivers, etc.) are cordially invited to attend a fun-filled morning together while dancing, playing games, creating fun projects and much more! A DJ will have everyone up and dancing to old and new favorites. Each couple will receive a special photo keepsake taken by a professional photographer and snacks will be served. Kids and moms are asked to dress in their construction attire. So save the date and join in on the fun by registering today! Watch for details in our winter brochure on the father/daughter event planned for February.

Boys ages 10 and under, accompanied by an adult

Project date: Saturday, November 5
Shift time: 10 a.m. - Noon

\$30 per first child and one adult #272104-01
\$10 each additional child #272104-02

Registration deadline, Oct. 21 or until filled. Call 952-985-4600 to register.

Hosted by Apple Valley, Eagan, Farmington, Lakeville, Rosemount and Savage Parks and Recreation Departments.



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LEARN TO SKATE PROGRAM

LOCATION - HASSE ARENA, 8525 215TH ST., LAKEVILLE www.lakevillearenas.org, 952-985-2170

Lakeville Arenas is excited to welcome Learn to Skate USA. The mission of Learn to Skate USA (LTS-USA) is to provide a fun and positive experience that will instill a lifelong love of skating. Stemming from the rebrand of the Basic Skills Program, LTS-USA offers an abundance of enhancements tailored toward improving the experience for parents and skaters. LTS-USA is the only ice skating program endorsed by U.S. Figure Skating, USA Hockey, US Speedskating and the Special Olympics. Learn to Skate USA offers every participant a rewarding experience rooted in the lifelong benefits of ice skating. Skaters will be evaluated throughout the session to determine if they are ready to advance. Our program has a 12:1 student/instructor ratio to ensure quality instruction, except for the Snowplow Sam and P.A.L.S. classes which have an 8:1 ratio. Questions regarding lessons can be e-mailed to the director at lakevillelearntoskate@gmail.com.

REQUIREMENTS: We strongly recommend that children in the Snowplow Sam and P.A.L.S. classes wear a helmet (bike helmets work well), gloves and snow pants. All participants are required to wear gloves or mittens. Participants must provide their own skates or rental skates are available for \$3 per person/per class. No double blades. Lakeville Arenas offers skate sharpening for \$4 per pair of skates. Rental skates are best for first time skaters, hockey skates are not recommended.

\$89 PER SESSION/\$125 P.A.L.S PER SESSION

If your skater has taken lessons previously, and you are unsure what class to register for, please email the director at lakevillelearntoskate@gmail.com.

ADULTS: (16 years and older) This class is designed for the beginner skater up to the advanced. We will teach you your choice of either figure skating or hockey skating skills. This class offers a more one-on-one lesson structure.

P.A.L.S.: Parent and Little Skater, (3-5 years old) This class will teach the child and parent how to skate and teach the parent how to teach their child to skate. It's a great class for the beginning skater. The parent/guardian must be at least 16 years old.

SNOWPLOW SAM: (3-5 years old) Designed to develop preliminary coordination and strength necessary to move on skates.

HOCKEY 1-2: (6 years and older) Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck. Will work on forward skating, backward skating and stopping.

HOCKEY 3-4: (6 years and older) Fundamentals of hockey skating, skaters will learn to move faster and be more agile on the ice. All elements will be taught without a stick or puck. Designed for those skaters that have passed Hockey 2. Will work on turns, crossovers and stopping.

THE BASIC EIGHT: These eight levels of the program introduce the fundamental figure skating moves, forward skating, backward skating, stops, crossovers and turns. Upon completion of the Basic 1-8 levels, skaters will have the basic knowledge of the sport to advance to the Free Skate levels.

BASIC 1: Designed for figure skaters 6 and older with little or no skating experience. Will work on forward/backward skating and stopping.

BASIC 2-3: Designed for those figure skaters that have passed Basic 1 or Snowplow Sam. Will work on backward skating, turning and introduction to spins.

BASIC 4-5: Designed for those figure skaters that have passed Basic 3. Will work on edges, crossovers and stroking.

BASIC 6,7,8: Designed for those figure skaters that have passed Basic 5. Will work on spirals, footwork and introduction to jumping.

FREE SKATE 1-6: Designed for those figure skaters that have passed Basic 8. Free skate will be divided into four sections – moves in the field, dance sequence, spins and jumps.

Saturday Skating Schedule

OCT. 15 - DEC. 10 (8 WEEKS, NO LESSONS ON 11/26)

REGISTRATION STARTS AUG. 9

LEVEL	LESSON/PRACTICE*	PROGRAM #
Basic 2-3	8 a.m./8:30 a.m.	#272007-01
Basic 4-5	8 a.m./8:30 a.m.	#272008-01
Basic 6,7,8	8 a.m./8:30 a.m.	#272009-01
Free Skate 1-6	8 a.m./8:30 a.m.	#272010-01
Snowplow Sam	8:30 a.m./8 a.m.	#272003-01
Basic 1	8:30 a.m./8 a.m.	#272006-01
Snowplow Sam	9 a.m./9:30 a.m.	#272003-02
Basic 1	9 a.m./9:30 a.m.	#272006-02
P.A.L.S.	9:30 a.m./9 a.m.	#272002-01
Snowplow Sam	9:30 a.m./9 a.m.	#272003-04
Hockey 1-2	9:30 a.m./9 a.m.	#272004-01
P.A.L.S.	10:30 a.m./11 a.m.	#272002-02
Hockey 1-2	10:30 a.m./11 a.m.	#272004-02
Hockey 3-4	10:30 a.m./11 a.m.	#272005-01
Snowplow Sam	11 a.m./10:30 a.m.	#272003-05
Basic 1	11 a.m./10:30 a.m.	#272006-03
Snowplow Sam	11:30 a.m./12 p.m.	#272003-06
Basic 1	11:30 a.m./12 p.m.	#272006-04
Adult	12 p.m./11:30 a.m.	#272001-01
Basic 2-3	12 p.m./11:30 a.m.	#272007-02
Basic 4-5	12 p.m./11:30 a.m.	#272008-02

*Note: Based on the skater's ability, class and practice times may switch within the same hour (i.e. practice first then lesson or lesson first then practice).

Winter Lessons

Visit www.lakevillearenas.org for a class list or call 952-985-4600 and we will mail you one when available. Lessons start Jan. 7 - Feb. 25 (8 weeks).



For information on rental of ice and dry floor and public open skating schedule, visit lakevillearenas.org



Like us on FACEBOOK

ADULT ATHLETIC LEAGUES

REGISTERING A TEAM:

To register a team: New in Winter 2016—REGISTER ONLINE—or complete the league registration form and submit with full payment to Lakeville Parks & Recreation. Full payment must be received to secure a spot; league fees include tax. If you need additional league information, please call 952-985-4600 or e-mail krobinson@lakevillemn.gov.

Winter League Registration Dates:

Returning 2015 teams: Nov 1-18
Open team registration: Nov. 21-Dec 9

WINTER VOLLEYBALL

Co-Rec and Women's leagues will be offered at Century Middle School. The leagues are self-officiated. Leagues will begin play in September.

Co-Rec Gold (competitive)	Monday
Winter League Start: Jan. 9	\$145
Co-Rec Silver (recreational)	Wednesday
Winter League Start: Jan. 4	\$145
Women's	Thursdays
Winter League Start: Jan. 5	\$120

SORR ADULT LEAGUES

The South of the River Recreators (SORR) group consisting of the cities of Apple Valley, Burnsville, Eagan, Farmington, Lakeville, Rosemount and Savage sponsor adult leagues.

Broomball League

Contact Eagan Parks & Recreation Department for information at 651-675-5500.

The Tailgate League

Who says you need a stadium to play some tailgate games. How about underneath a bubble? The Savage Sports Center will be offering this league to teams of 4-6 people (no restrictions on gender combination). Teams will play Bocce, Cornhole, Ladder Golf, and Bubble Pong. Teams will play two events each night and the other two events the next night and so on for 7 weeks; self-officiated. Sorry, no food allowed in the turf area. For more information please contact the City of Savage at 952-224-3421.

WINTER BASKETBALL

Men's 5-on-5 full court and Men's 3-on-3 over 35 half court leagues will be offered at Century Middle School. The leagues are self-officiated and for recreational players only.

5-on-5 Silver Rec. Basketball: Tuesdays
Winter League Start: Jan. 3 \$120

3-on-3 Over 35 Rec. Basketball: Thursdays
Winter League Start: Jan. 5 \$120

WINTER DODGEBALL

The dodgeball league will be offered at Century Middle School. The league is self-officiated.

Teams consist of at least six players. The league will begin play in September.

Recreational Dodgeball: Thursdays
Winter League Start: Jan. 5 \$120



PLAYER'S DRAFT LIST

Interested in playing in a league, but don't have a team? Call 952-985-4600 and we can put you on a player's draft list.



Follow us
@LakevilleParks



Creating
Community
through
People, Parks
& Programs

lakeville-rapconnect.com



LEARN TO SKATE - OPEN HOUSE

Location - Ames Arena, 19900 Ipava Ave. Lakeville
Saturday, September 24
Kick-off to 2016-2017 Season of Skate lessons



FREE open skating, games, prizes, concessions and fun! Learn to Skate staff will be there to give tips and answer any questions you may have about lessons.

Open House, 10-11:30 a.m., skating exhibition by the Heritage Figure Skating Club at 11:30 a.m.

Questions—email the director at lakevillelearntoskate@gmail.com



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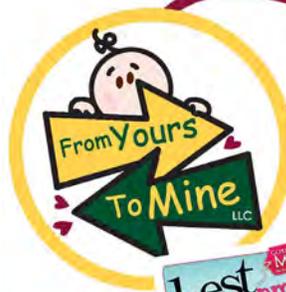
*Ranking and data provided by SNL Financial based on reported individual ordinary life insurance policies in force as of year-end 2014.
State Farm Life Insurance Company (Not licensed in MA, NY or WI), State Farm Life and Accident Assurance Company (Licensed in NY and WI), Bloomington, IL
1506554



**Got too much kids stuff?
Need kids stuff?
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SELL
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and shop early

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Sept. 23 & 24
Hasse Arena
Lakeville



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TAGGING
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f 952-564-7566



Rental Spaces Available

Located at the Lakeville Heritage Center, 20110 Holyoke Ave.



Planning fall, winter or holiday parties or events?

The Heritage Center has rental spaces available for wedding receptions, graduation parties, baby showers, family parties, meetings and more! The facility offers options for special occasions, meetings and presentations. Among the spaces are a large multi-purpose room that seats 160 guests and the Atrium with seating for 50. Both rooms have easy access to the catering kitchen. Conference and meeting rooms are also available.

For rental information, email rental_info@lakevillemn.gov or call 952-985-4623

Is it a cold, or something else?

When your child is sick, you just want answers.
We've got them.

Our pediatricians are here for you whether your child is sick, injured or needs a well-child check.



Kelly Meyer, DO
Pediatrician
Lakeville



Patrick Enders, MD
Pediatrician
Farmington



Jeff Cunningham, MD
Pediatrician
Farmington



CONNECT WITH US   

CALL TODAY FOR AN APPOINTMENT.

651-460-2300

4645 Knutsen Drive, Farmington

952-469-0500

9974 214th St. West, Lakeville

www.northfieldhospital.org/pediatrics



AT JUST FOR KIX,
**DANCERS
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Register for the
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**18 Months - 12th Grade
Classes Starting 9/12/2016**

- ★ Focused on Teamwork
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- ★ Conservative Costume & Music Choices
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- ★ Respectful, Friendly & Fair

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justforkix.com/danceclasses

Tawnya Peterreins
(651) 460-6282
lakeville_mn@justforkix.com
farmington_mn@justforkix.com



Lakeville Area Active Adults

Enjoy a great atmosphere, excellent programs, and socializing - worth far more than your annual membership fee at the Lakeville Area Active Adults program. Member benefits include:

- Access to the Heritage Center facility weekdays for socializing, programs, events and seminars throughout the year
- Discounted prices for trips and programs
- Free health insurance counseling, legal advice and computer tutoring
- Unlimited use of computers
- Use of in-house library
- Discount pricing for Heritage Center facility rental for your private events
- Many volunteer opportunities
- Complimentary pastries daily and 25-cent coffee
- Free day-old bread
- and much more!



Stop in for a tour of our program at the Lakeville Heritage Center, 20110 Holyoke Avenue - we would love to show you around!

Persons 50 years of age or older are eligible for membership. Lakeville resident rates: \$20/individual, \$35/couple. Non-resident rates: \$25/individual, \$40/couple. Financial assistance is available for those 62+ and those 50-61 who meet the income requirement.

TRIPS & TOURS



Come along with your friends - or make new ones on our one day trips, or enjoy our extended tours to U.S. and international destinations.

- **White Bear Lake Trip**, Friday, Sept. 16 - History will come to life as we tour White Bear Lake (Minnesota's first resort town).



- **Great Mississippi River Cruise**, Friday, Oct. 14 - Enjoy a beautiful fall color ride to La Crosse, where you will board the La Crosse Queen - a modern-day replica of the grand riverboats that plied the Mississippi River in the late 19th century.
- **Circle of Christmas**, Tuesday, Nov. 29 - Visit the Kathe Wohlfahrt of America shop in Stillwater, the historic Folsom House of Taylors Falls, and much more.
- **A Merry Mankato**, Tuesday, Dec. 13 - Come on a guided tour of the historic Hubbard House in Mankato - showcasing traditional Victorian Christmas decorations - have dinner at Charley's, and more!



Extended Tours

- Albuquerque Balloon Fiesta, Oct. 7-12
- Savannah, Jekyll Island & Beaufort, Nov. 12-20

BELGIAN WAFFLE BREAKFAST

Support your local Active Adults at the Annual Waffle Breakfast on Sunday, Oct. 9. Come to the Heritage Center and enjoy all-you-can-eat waffles, sausage, orange juice and coffee. Take-out is available.



Waffles provided by "Dad's Belgian Waffles"

Lakeville Heritage Center
Sunday, Oct. 9
8 a.m. to 12:30 p.m.

Adults \$8, Age 6-12 \$6
 5 & under FREE

METRO DINING CLUB CARDS

Set of 166 restaurant discount cards can be used once per month—buy one meal, get the second meal free. Only \$24 per set, available at Heritage Center and City Hall starting in mid-September. They will also be available during the Waffle Breakfast.

These also make great gifts!

DRIVER SAFETY CLASSES

Take your Driver Safety Course at the Heritage Center and drivers 55+ may be eligible to receive a 10% discount on their auto insurance. An 8-hour course is initially required, followed by a 4-hour refresher class every three years.



The courses are conducted by the MN Highway Safety & Research Center. Register by calling 1-888-234-1294.

8-hr. class, \$26

Sat., Sept. 24 8 a.m.-4:30 p.m.
 M/T, Nov. 14/15 5:30-9:30 p.m.

4-hr. refresher class, \$22

Mon., Sept. 19 5:30-9:30 p.m.
 Mon., Oct. 17 5:30-9:30 p.m.
 Sat., Oct. 29 8:30 a.m.-12:30 p.m.
 Sat., Nov. 19 8:30 a.m.-12:30 p.m.
 Mon., Dec. 5 5:30-9:30 p.m.
 Sat., Dec. 17 8:30 a.m.-12:30 p.m.

FITNESS ACTIVITIES FOR ACTIVE ADULTS

HEALTHWAYS FLEX™ FITNESS

Have fun maintaining or increasing your aerobic activity. Improve your health and well-being!

Level 1 Exercise Class

Chair exercises (sitting & standing)
Mon., Wed. & Thu., 11 a.m.

Level 2 Exercise Class

Class includes floor exercises
Mon.-noon, Wed.-10 a.m., Thu.-noon
\$3/class
UCare/Humana members, \$10 annual



FITNESS NUTRITION 2

3 Tuesdays, Sep. 13-27, Noon-1 p.m., \$35
This class is designed for individuals who have completed Fitness Nutrition 1. Topics: The impact of nutrition on injury and rehabilitation, controlling inflammation in the body with nutrition, and challenges faced in your efforts to eat a healthy diet. Sign up early, class size limited to 12.

ZUMBA GOLD

Thursdays at 3:30 p.m.
Zumba Gold takes the Zumba formula and modifies the moves and pacing to suit the needs of today's baby boomers. What stays the same are the elements. Zumba Fitness-Party is known for zesty Latin music, easy-to-follow moves and an invigorating, party-like atmosphere. *Pay in advance for the classes you will take for the month, \$5 per class if pre-paid, \$6 drop-in fee per class if not pre-registered (paid).*

YOGA

Improve balance and flexibility with an hour of gentle, flowing yoga. No experience necessary. Bring a yoga mat and a small blanket.
Mondays & Fridays, 8:15 a.m.
Pay in advance for the classes you will take for the month, \$5 per class if pre-paid, \$6 drop-in fee per class if not pre-registered (paid).

BIKING

Biking club rides approximately 20 miles per week on Wednesdays. \$5 annual fee

INTERVAL WALKING

7 Mondays, Sept. 12-Oct. 24, 9:30 a.m., \$18
7 Thursdays, Sept. 15-Oct. 27, 9:30 a.m., \$18

Sign up for one or both classes! This 45-minute class consists of a 5-minute warmup, a 30-minute interval walk; walking at a comfortable pace, with periodic short increases in intensity, followed by cool down stretches. Studies show that interval walking offers many benefits, including enhanced fat and calorie burn, lower blood pressure, enhanced mood and may reduce depression and anxiety, decreased resting heart rate and improved overall heart health. Class is held indoors and includes a FREE pedometer (*while supplies last!*)

PILATES MAT CLASS

Tues., 8:15 a.m.
Pilates is a mindful exercise method that works the whole body. Focus is on core strength to create stability and prevent injury. Reports show core strength is not just for athletes. Pilates is done on a mat using controlled movement with low repetition and good form. Join us for an invigorating and fun workout. This class is for all levels. Modifications available. Bring a thick exercise floor mat. Pilates will leave you refreshed, alert, with a feeling of physical and mental well-being. *Pay in advance for the classes you will take for the month, \$5 per class if pre-paid, \$6 drop-in fee per class if not pre-registered (paid).*

PICKLEBALL

Play pickleball Tuesdays and/or Fridays at 9 a.m. through mid-October with the pickleball club. \$5 annual fee

LINE DANCING

Fun for everyone!
Wednesdays: 9 a.m.-noon
\$10 annual fee



DID YOU KNOW?



Fitness Center

The Heritage Center's fitness center has 9 commercial-grade exercise machines:
3 treadmills,
3 ellipticals,
2 recumbent bikes
and an aerobic rider.

The cost for Lakeville Area Active Adult members to use the fitness center is just \$10 per year, which gives you access to all of this equipment every day the Heritage Center is open (typically 8 a.m. - 4:30 p.m. Monday through Friday).

If you use the fitness center just two times per week throughout the year, each visit would cost you less than 10¢ per visit.
Not a bad deal!



Lakeville Area Active Adults
Located inside the
Lakeville Heritage Center
20110 Holyoke Ave.
Lakeville, MN 55044
Phone: 952-985-4620
lakevilleheritagecenter.com

Youth Art Classes



Kids Acrylic Painting



Kids After School Pottery



Kids Watercolor Painting

KIDS AFTER SCHOOL POTTERY

BY NEESA RUESINK

Starting with a clay slab, we will add fun textures, embellishments, and glaze in bright shiny colors. Each workshop meets twice, once to make the project and another to glaze. Ages 6-12

Fri., 2 weeks, 4:30-6 p.m., \$30

Sept. 23 & Oct. 7

Cat Plate & Mouse Bowl #221303-01

Nov. 18 & Dec. 2

Snowman Plate & Cup #221303-02

KIDS ON WHEELS

BY KRISTIN HARTUNG

This is a great opportunity for junior high to high school students to gain more experience on the wheel. Each student will be creating a variety of hand-thrown pots complete with a glazed finish. No experience necessary. Please bring your own towel. Ages 11-17

Tues., 4 weeks, 4-6 p.m., \$75

Sept. 27-Oct. 25 (skip 10/11) #221303-03

Nov. 1-29 (skip 11/22) #221303-04



Kids After School Pottery

HOMESCHOOL POTTERY

BY SONYA HONAKER

Students work on the wheel and also learn traditional hand-building techniques to create fun decorative pieces and functional ware. Ages 6+

Fri., 4 weeks, 10 a.m.-noon, \$75

Sept. 23-Oct. 14 #221303-05

Nov. 18-Dec. 16 (skip 11/25) #221303-06

PARENT-CHILD RAKU POTTERY

BY JOE RENCHIN

Do you love fall campfires? This is a great outdoor family art experience. You will glaze a pre-made vase and observe the firing process. Fee covers the cost of one vase (additional vases available for \$15 each), hot dogs and s'mores for your family to cook over the campfire while your pottery fires in the kiln. Please bring your own beverage. Parent must attend. Ages 6+

Sat., 11 a.m.-3 p.m., \$28

Oct. 1 #221303-07



PARENT-CHILD POTTERY

BY SONYA HONAKER

An introductory course in wheel-throwing and hand-building. Both parent and child must register individually. Limit one child per parent. Ages 6+

Sat., 10 a.m.-noon, \$45

Oct. 8, 15, 29 (skip 10/22) #221303-08

WINTER-THEMED STILL LIFE DRAWING

BY HELENA LEARY-HEINZ

Kids will complete an 11x14 still life drawing of winter-themed objects such as mittens, snowflakes, and winter foliage. Students will learn composition, proportion, perspective, and shading techniques. Please bring a snack for break. Ages 11-15

Sat., 1-4 p.m., \$30

Nov. 12 #222601-01

KIDS PAINTING

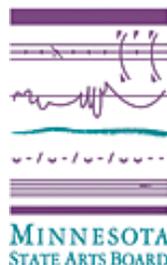
BY JOANNE ANDRES

Experiment with different brushstrokes, colors and styles. Students will complete a step-by-step painting in this class. Ages 6-12

Tues., 2 weeks, 4:30-6 p.m., \$30

Oct. 4 & 11, **Watercolor** #221402-01

Nov. 8 & 15, **Acrylic** #221402-02



This activity is made possible by the voters of Minnesota through a Minnesota State Arts Board Operating Support grant, thanks to a legislative appropriation from the arts and cultural heritage fund.

Adult/Teen Art Classes

BEGINNING/INTERMEDIATE POTTERY

BY JOANNE ANDRES & HELENA LEARY-HEINZ

Introduction to throwing and hand-building. Intermediate students continue to learn through demos and discussions. Fee includes 25 lbs. of clay and \$10 worth of firing. Additional firing is \$1/lb. Ages 15+, \$155

Mon., 6 weeks, 6-9 p.m.
 Sept. 19-Oct. 24 #221301-01
 Nov. 7-Dec. 12 #221301-02

Tues., 6 weeks, 9:30 a.m.-12:30 p.m.
 Sept. 20-Oct. 25 #221301-03
 Nov. 1-Dec. 13 (skip 11/22) #221301-04

Thurs., 6 weeks, 6-9 p.m.
 Sept. 22-Oct. 27 #221301-05
 Nov. 3-Dec. 15 (skip 11/24) #221301-06

INTERMEDIATE POTTERY

BY BARB HUGHES

Expand and improve throwing and hand-building through demos and discussions. Fee includes 25 lbs. of clay and \$10 worth of firing. Additional firing is \$1/lb. Ages 15+, \$155

Wed., 6 weeks, 6-9 p.m.
 Sept. 21-Oct. 26 #221302-01
 Nov. 2-Dec. 14 (skip 11/23) #221302-02

OUTDOOR RAKU FIRING

BY JOE RENCHIN

This is a great outdoor art experience where you'll discover the firing process of Raku fired ceramics. You will glaze a pre-made decorative vase and observe the firing. We will provide a campfire to cook hot dogs and s'mores while your pottery fires in the kiln. Fee includes up to two glasses of wine or beer, hot dogs and s'mores, and one vase. Ages 21+, \$36

Sat., Sept. 24, 5-9 p.m. #221304-01



CERAMIC HANDBUILDING WORKSHOPS

BY JOANNE ANDRES & HELENA LEARY-HEINZ

This series of workshops is a great introduction for beginner potters and also those interested in advancing their hand-building skills. Ages 15+, \$36

Sat., Sept. 10 & 24, 9:30-11:30 a.m.
Rustic Fairyhouse #221304-02

Fri., Sept. 30 & Oct. 14, 6:30-8:30 p.m.
Floral Vase #221304-03

Sat., Nov. 5 & 19, 9:30-11:30 a.m.
Snowman #221304-04

HOLIDAY TREE ORNAMENTS

BY HELENA LEARY-HEINZ

Make your own unique set of clay ornaments. Must have previous pottery wheel experience. Ages 15+, \$45

Sat., Nov. 5 & 19, 1-4 p.m. #221304-05

MAKING GLASS BEADS

BY KIM YOLITZ

More in-depth than a workshop, this class will cover all the basics of lampworking so that students can make beads at home. All levels are welcome! Class meets 3 times. Ages 15+, \$60

Mon., Sept. 12-26, 6-8 p.m. #222602-01

POLYMER CLAY SANTA

BY KIM YOLITZ

Have fun using soft polymer clay to make this easy Santa Claus ornament! At the end of class, you'll take home at least one ornament to trim your tree, embellish a package, or give away as a gift during the holidays. Ages 15+, \$20

Thurs., Dec. 8, 6-8 p.m. #222602-02



Rustic Fairyhouse



Holiday Tree Ornaments



Floral Vase



Lakeville Area Arts Center
 20965 Holyoke Ave.
 Phone: 952-985-4640
LakevilleAreaArtsCenter.com

Adult Painting Classes



OIL PAINTING LANDSCAPES

BY OLESYA ANDERSON

In this workshop you will select one of three landscapes to paint in oil. By the time your painting is complete, you will have learned about composition, mixing colors, and glazing techniques. No experience is necessary! All supplies are included in the fee. Class meets 3 times. Ages 15+, \$75

Sat., Oct. 15-29, 9 a.m.-12 p.m.
#221405-01

MASON JARS IN WATERCOLOR

BY LAURA BAKER

Mason jars have become all the rage! In this workshop, you'll complete a detailed watercolor painting while learning a variety of techniques. No experience necessary. Please bring a bag lunch. Ages 15+, \$54

Sat., Sept. 24, 9 a.m.-3 p.m.
#221405-02



KITCHEN STILL LIFE IN ACRYLICS

BY HELENA LEARY-HEINZ

In this workshop you will complete a 11x14 painting in acrylics, while learning about composition and mixing colors. All levels welcome, however previous experience is helpful. Please bring a bag lunch. Ages 15+, \$54

Sat., Sept. 10, 9 a.m.-3 p.m.
#221405-03



2016 Holiday Art Sale & Empty Bowls Fundraiser



Thursday, December 1 | 10 a.m. to 6 p.m.
Friday, December 2 | 10 a.m. to 6 p.m.
Saturday, December 3 | noon to 4 p.m.

- * Great Art
- * Great Prices
- * Great Gifts

Proceeds from the Empty Bowls Fundraiser benefit the local food shelves.

Lakeville Area Arts Center

Register for your fall programs online at
www.LakevilleAreaArtsCenter.com

Mixed Media Mondays

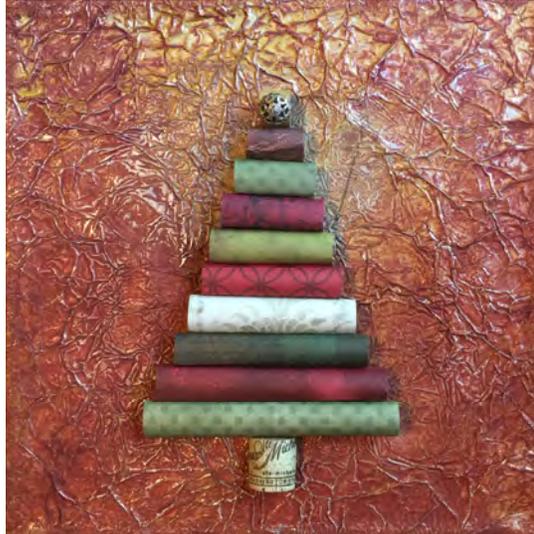
BY NEESA RUESINK

If you love scrapbooking and craft projects, then you'll love this new version of the Wine & Design series! Using high quality gallery-wrapped canvases and a variety of art mediums, you will create a work of art that will leave people wondering how you did it. This is a great introduction class—no experience needed. Fee includes up to two glasses of wine. Must be 21+ to participate.

Mondays, 6-9 p.m., \$36 per workshop



MIXED MEDIA—"FLOWER"
Mon., Nov. 21, #221401-01



MIXED MEDIA—"CHRISTMAS TREE"
Mon., Dec. 5, #221401-02



MIXED MEDIA—"TRIPTYCH HEARTS"
Mon., Oct. 10
#221401-03



Featured Artist: *William B. Lillibridge*

FINE ART IN LAKEVILLE, MINNESOTA

Saturday, September 17, 2016
10am to 5pm

Sunday, September 18, 2016
10am to 5pm

live music • food court
beer & wine • art demonstrations
community art projects
juried & emerging artwork

Lakeville Area Arts Center Grounds
20965 Holyoke Avenue | Lakeville, MN 55044

www.LakevilleArtFestival.org | 952.985.4640



Lakeville Area Arts Center
20965 Holyoke Ave.
Phone: 952-985-4640
LakevilleAreaArtsCenter.com

Wine & Designs

Join us for evening workshops where you can sip wine and make artwork in a fun and relaxed environment. Our instructors will walk you through, step-by-step, to create your own "Make & Take" masterpiece! No experience necessary. Must be 21+ to participate.

6-9 p.m., \$36 includes supplies and up to two glasses of wine.



ACRYLICS—"WINTER TREES"
Tues., Dec. 13, by Addie Elling
#221401-04



ACRYLICS—"VINEYARD"
Thur., Sept. 22, by JoAnne Andres
#221401-05



ACRYLICS—"BIRCH TREES"
Wed., Nov. 30, by Addie Elling
#221401-06



WATERCOLOR—"WINTER EVERGREENS"
Wed., Dec. 7, by Laura Baker
#221401-07



ACRYLICS—"OAK TREE"
Wed., Sept. 14, by Helena Leary-Heinz
#221401-08



ACRYLICS—"FALL TREES"
Wed., Oct. 19, by Addie Elling
#221401-09

Wine & Designs



ACRYLICS—"DEER IN THE WOODS"
Wed., Nov. 9, by Addie Elling
#221401-10



ACRYLICS—"MR. ROOSTER"
Wed., Sept. 28, by Sue Kemnitz
#221401-11



WATERCOLOR—"FRUIT TREE"
Wed., Oct. 12, by Laura Baker
#221401-12



WATERCOLOR—"WINTER BIRDS & POTS"
Thurs., Nov. 17, by Laura Baker
#221401-13



ACRYLICS—"SUNFLOWERS"
Wed., Oct. 26, by JoAnne Andres
#221401-14



Lakeville Area Arts Center
20965 Holyoke Ave.
Phone: 952-985-4640
LakevilleAreaArtsCenter.com

Discover the fun.

Experience the reward



SWIM WITH THE FAMILY SWIM SCHOOL THIS FALL

Join us this Fall as we celebrate 26 years of proven swim instruction at our two convenient South-Metro locations.

- 30-minute classes lessons, offered six days per week
- Siblings of different abilities swim at the same time
- Small class sizes of only one to four students
- Warm water facility
- Highly trained staff who are great with kids
- Stroke-based instruction
- Referral rewards and courtesy make-up classes

Book now for fall and winter swimming. Classes run 1x per week beginning September 6th (Fall session) and November 14th (Holiday session). Call for additional information. Hope to see you at the School of the Pool!

BABY SWIMMERS HAVE BETTER BALANCE

Instructing babies to swim it turns out to be more than just fun. Infants exposed to aquatic education earlier have better balance and are also better at grasping at inanimate objects than infants with no aquatic experience. Water is an abundant zero medium for infants to experience the freedom of movement. Absence of gravity allows movement of extremities in ways they are unable to move on land. This freedom of movement allows better acquisition of their aquatic kinesthetic awareness enabling terrain balance properties to become more groomed in on. We call this "Aquatic Education." Kids call it fun!

SPIRIT SWIM TEAM

Spirit Swimming is a year-round competitive USA Swimming program serving the South Metro Twin Cities area. Located in Lakeville and affiliated with the Family Swim School, the Spirit Training philosophy, is a stroke technique based program. Developing proper stroke mechanics early enables developing competitive swimmers to swim faster easier.



FAMILY SWIM SCHOOL



• Better Teaching • Better Skills •

BOOK NOW for any of the above programs.

952.435.1898 (Lakeville)
651.686.6225 (Eagan)



familyswim.com

REGISTRATION PROCEDURES

Adult Team Sports: Contact Kacie Robinson at 952-985-4616.

Confirmations: The Parks & Recreation Department will send program receipts to confirm registration if registering other than online. If a class is full, your name will be placed on a waiting list and your fee returned.

Deadlines: Please register early to ensure a space. Most activities have registration deadlines, generally five business days prior to start of activity (unless otherwise noted). The Parks & Recreation Department reserves the right to cancel a program. Those enrolled in a program that is cancelled will receive a refund.

Payment: Registration, team sports and facility reservations can be made with cash, check or credit card.

Refund Policy: Registration fees for a program cancelled by the Parks & Recreation Department will be fully refunded. A \$2 service fee will be charged for individual cancellations made prior to the start of program and/or activity registration deadline. No refunds can be made after start of program and/or activity registration deadline, whichever comes first.

Scholarships: Financial scholarships are available for eligible youth recreation participants. For information, call 952-985-4600.

Equal Opportunities: The City of Lakeville believes that all residents regardless of race, color, national origin, sex, religion, age or disability have the right to participate in activities of their choice. For those with disabilities, please call 952-985-4616.

Waiver Statement: When registering for a program by phone, the following waiver statement is implied: "I hereby release, absolve and hold harmless the City of Lakeville, its officers, employees and agents from damage resulting from any injury incurred by me or my child while participating in any Parks & Recreation program. I/we understand that the City of Lakeville assumes no responsibility for injury before, during, or after programs."

Disclaimer: This program schedule is published for information purposes only. Lakeville reserves the right to make changes in the content and provision of the program schedule without notice.

Photos: Lakeville Parks & Recreation Department periodically takes pictures of participants in our programs, during special events and in the parks. These photos may be used in the City's media publications.



WAYS TO REGISTER

ONLINE—RAPConnect
Recreation Arts Parks
lakeville-rapconnect.com
Credit card only

PHONE—952-985-4600
Credit card only

FAX—952-985-4499
Credit card only

BY MAIL
City of Lakeville
20195 Holyoke Ave.
Lakeville, MN 55044
Check, credit card

WALK-IN
City Hall
20195 Holyoke Ave.
Mon.-Fri., 8 a.m.-4:30 p.m.

DROP BOX
After-hours drop box at City Hall, 20195 Holyoke Ave.

Extra registration forms available at
www.lakevillemn.gov

ADVERTISING OPPORTUNITIES AVAILABLE

For details on purchasing ad space in our next seasonal brochure, please contact Patty Dexter at 952-985-4610 or pdexter@lakevillemn.gov

Distributed to approximately 22,000 households.



Creating
Community
through
People, Parks
& Programs

lakeville-rapconnect.com

PROGRAM REGISTRATION FORM

PARENT/PRIMARY CONTACT

Last Name _____ First Name _____

Male Female If new phone or address

Street Address _____ City _____ State _____ Zip _____

Phone (h) _____ Phone (w) _____ Phone (c) _____

E-mail _____ Yes, please send me e-mail updates

Special needs or requests: _____

PARTICIPANT INFORMATION

PARTICIPANT'S NAME	GENDER (M/F)	T-SHIRT SIZE (if required) YS, YM, YL, AS, AM, AL, AXL	BIRTHDATE	PROGRAM NAME	PROGRAM #	FEE

Waiver Statement: I hereby release, absolve and hold harmless the City of Lakeville, its officers, employees and agents from damage resulting from any injury incurred by me or my child while participating in the above-mentioned programs. I/we understand that the City of Lakeville assumes no responsibility for injury before, during or after programs.

Participant's Signature _____ Parent/Guardian Signature _____ Date _____
(If participant is under 18 years of age)

PAYMENT METHOD

Cash Check—Payable to: City of Lakeville VISA MasterCard American Express Discover

Card Number _____ Expiration Date _____

Cardholder Name _____ Authorized Signature _____
(please print)